

E R G E B N I S L I S T E

(Laufstrecke ca. 7400 m, hügelig, Olympiapark)

a -bis 29 Jahre

1 -30 bis 39 Jahre

2 -40 bis 49 Jahre

3 -50 Jahre und älter

Hauptwertung (Wertung von 3 Bestläufen)

Pl.	Name	Vorname	Jahr	Hoch	A-	09.11.	23.11.	07.12.	25.01.	Leistungsindex				
			gang	schule	kl.					D-Zeit	m/s	km/h	100m	1000m
1.	Hinz	Helmut	86	UniBw	a	--:--	25:44	25:49	25:27	25:40	4.805	17.298	20.81	3:28.1
2.	Allwang	Andreas	77	Gast	1	26:13	25:52	--:--	25:35	25:53	4.764	17.153	20.98	3:29.8
3.	Wagner	Benjamin	87	Gast	a	26:37	26:06	26:49	26:03	26:15	4.698	16.914	21.28	3:32.8
4.	Voglmaier	Markus	86	TUM	a	27:15	26:24	--:--	25:56	26:31	4.651	16.744	21.50	3:35.0
5.	Krämer	Lukas	84	FV	a	--:--	26:32	26:56	26:08	26:32	4.648	16.733	21.51	3:35.1
6.	Scheller	Jaques	90	LMU	a	27:58	26:33	--:--	25:54	26:48	4.601	16.567	21.72	3:37.2
7.	Block	Jochen	68	MRRC	2	28:08	27:56	28:23	28:09	28:04	4.394	15.819	22.75	3:47.5
8.	Portail	Matthieu	87	TUM	a	28:15	27:45	28:29	28:36	28:09	4.381	15.772	22.82	3:48.2
9.	Schmechel	Christof	67	MRRC	2	--:--	28:25	28:42	28:11	28:26	4.337	15.615	23.05	3:50.5
10.	Richter	Pascal	81	UniBw	1	28:31	28:16	28:37	--:--	28:28	4.332	15.597	23.08	3:50.8
11.	Schwarz	Christian	91	TUM	a	29:27	28:10	--:--	30:42	29:26	4.190	15.084	23.86	3:58.6
12.	Röcker	Thomas	85	Gast	a	29:43	29:23	29:46	--:--	29:37	4.164	14.991	24.01	4:00.1
13.	Murphy	Christian	77	TUM	1	30:11	30:28	30:07	29:48	30:02	4.106	14.783	24.35	4:03.5
14.	Rambausek	Jochen	64	Gast	2	31:08	29:45	29:47	--:--	30:13	4.081	14.693	24.50	4:05.0
15.	Reinhardt	Christian	85	TUM	a	--:--	31:12	30:38	30:42	30:50	4.000	14.400	25.00	4:10.0
16.	Kehler	Holger	72	Gast	1	--:--	30:40	31:23	31:27	31:10	3.957	14.245	25.27	4:12.7
17.	Kuchenbecker	Jessica	73	MRRC	D1	31:26	31:22	--:--	31:00	31:16	3.944	14.200	25.35	4:13.5
18.	Mandl	Alfred	56	Gast	3	31:35	31:36	32:06	32:04	31:45	3.884	13.984	25.74	4:17.4
19.	Maurus	Isabel	91	LMU	Da	32:11	31:50	--:--	32:29	32:10	3.834	13.803	26.08	4:20.8
20.	Weckler	Markus	66	MRRC	2	32:22	32:27	33:09	32:36	32:28	3.798	13.675	26.32	4:23.2
21.	Koyupinar	Haydar	69	MRRC	2	32:07	32:42	32:51	--:--	32:33	3.789	13.640	26.39	4:23.9
22.	Furtmayr	Florian	78	TUM	1	33:10	32:11	--:--	34:42	33:21	3.698	13.313	27.04	4:30.4
23.	Concetti	Enrico	73	Gast	1	35:03	32:11	33:08	--:--	33:27	3.687	13.273	27.12	4:31.2
24.	Aderneuer	Tamara	90	TUM	Da	34:04	--:--	33:42	33:43	33:49	3.647	13.129	27.41	4:34.1
25.	Pilarski	Maria	92	LMU	Da	38:36	35:30	--:--	36:15	36:47	3.352	12.070	29.82	4:58.2
26.	Walter	Jochen	51	USC	3	--:--	39:44	39:01	40:01	39:35	3.115	11.216	32.09	5:20.9
27.	Herbst	Jochen	75	Gast	1	--:--	42:49	40:46	36:47	40:07	3.074	11.067	32.52	5:25.2
28.	Rode	Klemens	47	Gast	3	40:39	39:31	40:32	41:45	40:14	3.065	11.035	32.62	5:26.2
29.	Jahnke	Mathias	75	TUM	1	41:47	39:53	40:12	40:58	40:21	3.056	11.003	32.71	5:27.1

Nebenwertung (Weniger als 3 Läufe)

1.	Bristow	Paul	71	LG	2	---	---	---	25:30	25:30	4.836	17.411	20.67	3:26.7
2.	Arens	Johannes	90	LMU	a	25:57	---	---	---	25:57	4.752	17.109	21.04	3:30.4
3.	Drescher	Raik	88	UniBw	a	26:24	---	---	25:49	26:06	4.725	17.011	21.16	3:31.6
4.	Schoof	Jakob	74	MRRC	1	---	---	---	26:11	26:11	4.710	16.957	21.22	3:32.2
5.	König	Johannes	86	UniBw	a	---	---	---	26:25	26:25	4.668	16.807	21.41	3:34.1
6.	Santl	Christian	78	Gast	1	---	26:43	26:34	---	26:38	4.630	16.670	21.59	3:35.9
7.	Berlin	Marius	81	Gast	1	---	---	---	26:45	26:45	4.610	16.598	21.68	3:36.8
8.	Heger	Christian	81	Gast	1	---	27:33	26:24	---	26:58	4.573	16.464	21.86	3:38.6
9.	Hahn	Robert	76	Gast	1	---	---	27:06	---	27:06	4.551	16.383	21.97	3:39.7
10.	Greiner	Christopher	73	LG	1	27:39	26:42	---	---	27:10	4.539	16.343	22.02	3:40.2
11.	Mandl	Leonard	91	TUM	a	---	26:45	---	27:50	27:17	4.520	16.273	22.12	3:41.2
12.	Schwarz	Carsten	85	UniBw	a	---	---	---	27:21	27:21	4.509	16.234	22.17	3:41.7
13.	Wulffersdorff	Jan	89	UniBw	a	---	---	---	27:26	27:26	4.495	16.184	22.24	3:42.4
14.	Gramlich	Moritz	94	Gast	a	---	---	---	27:28	27:28	4.490	16.165	22.27	3:42.7
15.	Bühning	Marco	86	UniBw	a	---	---	---	27:36	27:36	4.468	16.086	22.37	3:43.7
16.	Naumann	Andre	72	LG	1	---	27:54	---	---	27:54	4.420	15.913	22.62	3:46.2
17.	Caspar	Moritz	90	UniBw	a	---	---	---	27:56	27:56	4.415	15.894	22.64	3:46.4
18.	Almeling	Marcus	74	MRRC	1	27:59	---	---	---	27:59	4.407	15.866	22.68	3:46.8
19.	Rahmann	Christoph	77	Gast	1	28:13	27:51	---	---	28:02	4.399	15.838	22.72	3:47.2
20.	Höfler	Florian	80	MRRC	1	---	---	28:31	28:13	28:22	4.347	15.652	23.00	3:50.0
21.	Vinke	Andre	79	MRRC	1	---	---	29:47	27:23	28:35	4.314	15.533	23.17	3:51.7
22.	Maier	Max	92	Gast	a	---	---	---	28:36	28:36	4.312	15.524	23.18	3:51.8
23.	Kowalik	Robert	69	Gast	2	28:21	29:15	---	---	28:48	4.282	15.416	23.35	3:53.5
24.	Kratz	Florian	77	LMU	1	29:05	---	---	---	29:05	4.240	15.266	23.58	3:55.8
25.	Ibanez	Tomas	72	Gast	1	---	28:36	---	29:58	29:17	4.211	15.162	23.74	3:57.4
26.	Perrin	Claire	85	LG	Da	---	29:23	---	---	29:23	4.197	15.110	23.82	3:58.2
27.	König	Michael	71	MRRC	2	---	29:36	---	---	29:36	4.166	15.000	24.00	4:00.0
28.	Klein	Alexander	80	TUM	1	---	29:42	---	30:07	29:54	4.124	14.849	24.24	4:02.4
29.	Vollbracht	Marco	86	TUM	a	30:17	---	---	---	30:17	4.072	14.661	24.55	4:05.5
30.	Gramlich	Bastian	96	Gast	a	---	---	---	30:25	30:25	4.054	14.597	24.66	4:06.6
31.	Baumann	Thomas	84	UniBw	a	---	---	---	30:31	30:31	4.041	14.549	24.74	4:07.4
32.	Nehrkorn	Johannes	84	Gast	a	---	30:38	---	---	30:38	4.026	14.494	24.83	4:08.3
33.	Hohenester	Melanie	74	UniBw	Dl	30:39	---	---	---	30:39	4.023	14.486	24.85	4:08.5
34.	Binder	Sebastian	87	UniBw	a	30:51	---	---	---	30:51	3.997	14.392	25.01	4:10.1
35.	Schymik	Jan	85	LMU	a	29:55	---	32:02	---	30:58	3.982	14.337	25.10	4:11.0
36.	Knappert	Andre	88	UniBw	a	31:09	---	---	---	31:09	3.959	14.253	25.25	4:12.5
37.	Kronsteiner	Thomas	86	TUM	a	31:09	---	---	---	31:09	3.959	14.253	25.25	4:12.5
38.	Bast	Björn	81	Gast	1	31:21	---	---	30:57	31:09	3.959	14.253	25.25	4:12.5
39.	Günther	Thomas	72	Gast	1	31:09	---	31:18	---	31:13	3.950	14.223	25.31	4:13.1
40.	Wagner	Rainer	65	Gast	2	---	31:16	---	---	31:16	3.944	14.200	25.35	4:13.5
41.	König	Thomas	72	MRRC	1	---	31:22	31:15	---	31:18	3.940	14.185	25.37	4:13.7

42.	Hober	Martin	89	TUM	a	---	---	31:20	---	---	31:20	3.936	14.170	25.40	4:14.0
43.	Stuhlpfarrer	Marco	86	TUM	a	32:25	30:19	---	---	31:22	3.931	14.155	25.43	4:14.3	
44.	Daschiel	Herbert	73	Gast	1	---	---	31:22	---	---	31:22	3.931	14.155	25.43	4:14.3
45.	Pichler	Karolin	82	MRRC	Da	---	---	---	---	31:34	3.907	14.065	25.59	4:15.9	
46.	Bauer	Janis	86	LMU	a	30:09	33:05	---	---	31:37	3.900	14.043	25.63	4:16.3	
47.	Luckenbach	Tim	72	Gast	1	31:25	---	---	---	32:00	3.890	14.006	25.70	4:17.0	
48.	Wäldin	Patrick	86	UniBw	a	32:06	---	---	---	32:06	3.842	13.831	26.02	4:20.2	
49.	Scheunemann	Carol	58	Gast	D3	---	---	32:14	---	---	32:14	3.826	13.774	26.13	4:21.3
50.	Grillmeier	Conrad	87	UniBw	a	---	---	---	---	32:23	3.808	13.710	26.25	4:22.5	
51.	Kiessling	Dorit	62	Gast	2	31:56	---	---	---	32:58	3.800	13.682	26.31	4:23.1	
52.	Pischel	Margarethe	85	ZHS	Da	---	---	32:49	---	---	32:49	3.758	13.529	26.60	4:26.0
53.	Bayer	Simone	73	MRRC	D1	33:20	32:44	---	---	33:02	3.733	13.440	26.78	4:27.8	
54.	Hecker	Heimo	70	MRRC	2	---	---	33:26	---	33:27	3.688	13.280	27.10	4:31.0	
55.	Garhammer	Max	75	FV	1	---	---	33:37	---	---	33:37	3.668	13.207	27.25	4:32.5
56.	Schwarz	Marianne	88	LMU	Da	34:22	33:14	---	---	33:48	3.648	13.136	27.40	4:34.0	
57.	Keul	Silke	85	MRRC	Da	---	---	34:06	---	---	34:06	3.616	13.020	27.64	4:36.4
58.	Steinbaür	Stefan	73	Gast	1	---	---	34:29	---	---	34:29	3.576	12.875	27.95	4:39.5
59.	Reuss	Matthias	62	ZHS	2	34:48	35:05	---	---	34:56	3.530	12.709	28.32	4:43.2	
60.	Meyer	Joanna	88	Gast	Da	---	---	---	---	34:56	3.530	12.709	28.32	4:43.2	
61.	Schreiber	Sandra	88	FHM	Da	---	---	35:05	---	---	35:05	3.515	12.655	28.44	4:44.4
62.	Thamm	Christian	76	Gast	1	---	---	35:50	---	---	35:50	3.441	12.390	29.05	4:50.5
63.	Ambros	Daniel	86	Gast	a	---	---	36:05	35:50	---	35:57	3.430	12.350	29.14	4:51.4
64.	Strecker	Sandra	84	MRRC	Da	---	---	36:10	36:04	---	36:07	3.414	12.293	29.28	4:52.8
65.	Dorn	Robert	66	Gast	2	---	---	---	---	36:38	3.366	12.120	29.70	4:57.0	
66.	Lange	Mike	68	Gast	2	37:58	36:07	---	---	37:02	3.330	11.989	30.02	5:00.2	
67.	Gerster	Daniel	81	TUM	1	38:48	---	---	---	38:48	3.178	11.443	31.45	5:14.5	
68.	Illenberger	Simon	87	LMU	a	---	---	---	---	38:56	3.167	11.404	31.56	5:15.6	
69.	Wentz	Anna	90	LMU	Da	39:00	---	---	---	39:00	3.162	11.384	31.62	5:16.2	
70.	Strasshofer	Gregor	40	USC	3	---	---	45:35	---	---	45:35	2.705	9.7404	36.95	6:09.5
71.	Baür	Resina	90	Gast	Da	---	---	---	---	60:00	2.055	7.4000	48.64	8:06.4	

Teilnehmeranzahl: 100 (14 Damen, 86 Herren)

Streckenverhältnisse:

Datum	Nieders.	Boden	Wind	Temperat.
09.11.	Nebel	trocken	ruhig	6øC
23.11.	keiner	trocken	ruhig	0øC
07.12.	keiner	nass	windig	5øC
25.01.	keiner	Glatteis	ruhig	0øC