

Zentraler Hochschulsport der Technischen Universität München

34. C r o s s l a u f s e r i e - WS 2010/2011

Altersklassen (Damen+Herren)

E R G E B N I S L I S T E

(Laufstrecke 7300 m, hügelig, Olympiapark)

a -bis 29 Jahre

1 -30 bis 39 Jahre

2 -40 bis 49 Jahre

3 -50 Jahre und älter

Hauptwertung (Wertung von 3 Bestläufen)

Pl. Name	Vorname	Jahr	Hoch	A-	09.11.	23.11.	07.12.	Leistungsindex					
			gang	schule	1000m			D-Zeit m/s					
			km/h	100m									
1.	Wagner	Benjamin	87	Gast	a	26:37	26:06	26:49	26:30	4.654	16.754	21.48	3:34.8
2.	Block	Jochen	68	MRRC	2	28:08	27:56	28:23	28:09	4.381	15.772	22.82	3:48.2
3.	Portail	Matthieu	87	TUM	a	28:15	27:45	28:29	28:09	4.381	15.772	22.82	3:48.2
4.	Richter	Pascal	81	UniBw	1	28:31	28:16	28:37	28:28	4.332	15.597	23.08	3:50.8
5.	Roecker	Thomas	85	Gast	a	29:43	29:23	29:46	29:37	4.164	14.991	24.01	4:00.1
6.	Rambausek	Jochen	64	Gast	2	31:08	29:45	29:47	30:13	4.081	14.693	24.50	4:05.0
7.	Murphy	Christian	77	TUM	1	30:11	30:28	30:07	30:15	4.077	14.677	24.52	4:05.2
8.	Mandl	Alfred	56	Gast	3	31:35	31:36	32:06	31:45	3.884	13.984	25.74	4:17.4
9.	Koyupinar	Haydar	69	MRRC	2	32:07	32:42	32:51	32:33	3.789	13.640	26.39	4:23.9
10.	Weckler	Markus	66	MRRC	2	32:22	32:27	33:09	32:39	3.777	13.598	26.47	4:24.7
11.	Concetti	Enrico	73	Gast	1	35:03	32:11	33:08	33:27	3.687	13.273	27.12	4:31.2
12.	Rode	Klemens	47	Gast	3	40:39	39:31	40:32	40:14	3.065	11.035	32.62	5:26.2
13.	Jahnke	Mathias	75	TUM	1	41:47	39:53	40:12	40:37	3.036	10.931	32.93	5:29.3

Nebenwertung (Weniger als 3 Läufe)

1.	Hinz	Helmut	86	UniBw	a	--:--	25:44	25:49	25:46	4.786	17.231	20.89	3:28.9
2.	Arens	Johannes	90	LMU	a	25:57	--:--	--:--	25:57	4.752	17.109	21.04	3:30.4
3.	Allwang	Andreas	77	Gast	1	26:13	25:52	--:--	26:02	4.737	17.055	21.10	3:31.0
4.	Drescher	Raik	88	UniBw	a	26:24	--:--	--:--	26:24	4.671	16.818	21.40	3:34.0
5.	Santl	Christian	78	Gast	1	--:--	26:43	26:34	26:38	4.630	16.670	21.59	3:35.9
6.	Krämer	Lukas	84	FV	a	--:--	26:32	26:56	26:44	4.613	16.608	21.67	3:36.7

7.	Mandl	Leonard	91	TUM	a	---	26:45	---	26:45	4.610	16.598	21.68	3:36.8
8.	Voglmaier	Markus	86	TUM	a	27:15	26:24	---	26:49	4.599	16.556	21.74	3:37.4
9.	Heger	Christian	81	Gast	1	---	27:33	26:24	26:58	4.573	16.464	21.86	3:38.6
10.	Hahn	Robert	76	Gast	1	---	---	27:06	27:06	4.551	16.383	21.97	3:39.7
11.	Greiner	Christopher	73	LG	1	27:39	26:42	---	27:10	4.539	16.343	22.02	3:40.2
12.	Scheller	Jaques	90	LMU	a	27:58	26:33	---	27:15	4.525	16.293	22.09	3:40.9
13.	Naumann	Andre	72	LG	1	---	27:54	---	27:54	4.420	15.913	22.62	3:46.2
14.	Almeling	Marcus	74	MRRC	1	27:59	---	---	27:59	4.407	15.866	22.68	3:46.8
15.	Rahmann	Christoph	77	Gast	1	28:13	27:51	---	28:02	4.399	15.838	22.72	3:47.2
16.	Höfler	Florian	80	MRRC	1	---	---	28:31	28:31	4.324	15.569	23.12	3:51.2
17.	Schmechel	Christof	67	MRRC	2	---	28:25	28:42	28:33	4.319	15.551	23.14	3:51.4
18.	Ibanez	Tomas	72	Gast	1	---	28:36	---	28:36	4.312	15.524	23.18	3:51.8
19.	Schwarz	Christian	91	TUM	a	29:27	28:10	---	28:48	4.282	15.416	23.35	3:53.5
20.	Kowalik	Robert	69	Gast	2	28:21	29:15	---	28:48	4.282	15.416	23.35	3:53.5
21.	Kratz	Florian	77	LMU	1	29:05	---	---	29:05	4.240	15.266	23.58	3:55.8
22.	Perrin	Claire	85	LG	Da	---	29:23	---	29:23	4.197	15.110	23.82	3:58.2
23.	König	Michael	71	MRRC	2	---	29:36	---	29:36	4.166	15.000	24.00	4:00.0
24.	Klein	Alexander	80	TUM	1	---	29:42	---	29:42	4.152	14.949	24.08	4:00.8
25.	Vinke	Andre	79	MRRC	1	---	---	29:47	29:47	4.141	14.907	24.14	4:01.4
26.	Vollbracht	Marco	86	TUM	a	30:17	---	---	30:17	4.072	14.661	24.55	4:05.5
27.	Nehrkorn	Johannes	84	Gast	a	---	30:38	---	30:38	4.026	14.494	24.83	4:08.3
28.	Hohenester	Melanie	74	UniBw	D1	30:39	---	---	30:39	4.023	14.486	24.85	4:08.5
29.	Binder	Sebastian	87	UniBw	a	30:51	---	---	30:51	3.997	14.392	25.01	4:10.1
30.	Reinhardt	Christian	85	TUM	a	---	31:12	30:38	30:55	3.989	14.361	25.06	4:10.6
31.	Schymik	Jan	85	LMU	a	29:55	---	32:02	30:58	3.982	14.337	25.10	4:11.0
32.	Kehler	Holger	72	Gast	1	---	30:40	31:23	31:01	3.976	14.314	25.14	4:11.4
33.	Knappert	Andre	88	UniBw	a	31:09	---	---	31:09	3.959	14.253	25.25	4:12.5
34.	Kronsteiner	Thomas	86	TUM	a	31:09	---	---	31:09	3.959	14.253	25.25	4:12.5
35.	Günther	Thomas	72	Gast	1	31:09	---	31:18	31:13	3.950	14.223	25.31	4:13.1
36.	Wagner	Rainer	65	Gast	2	---	31:16	---	31:16	3.944	14.200	25.35	4:13.5
37.	König	Thomas	72	MRRC	1	---	31:22	31:15	31:18	3.940	14.185	25.37	4:13.7
38.	Hober	Martin	89	TUM	a	---	31:20	---	31:20	3.936	14.170	25.40	4:14.0
39.	Bast	Bjoern	81	Gast	1	31:21	---	---	31:21	3.934	14.162	25.41	4:14.1
40.	Stuhlpfarrer	Marco	86	TUM	a	32:25	30:19	---	31:22	3.931	14.155	25.43	4:14.3
41.	Daschiel	Herbert	73	Gast	1	---	31:22	---	31:22	3.931	14.155	25.43	4:14.3
42.	Kuchenbecker	Jessica	73	MRRC	D1	31:26	31:22	---	31:24	3.927	14.140	25.45	4:14.5
43.	Luckenbach	Tim	72	Gast	1	31:25	---	---	31:25	3.925	14.132	25.47	4:14.7
44.	Bauer	Janis	86	LMU	a	30:09	33:05	---	31:37	3.900	14.043	25.63	4:16.3
45.	Kiessling	Dorit	62	Gast	2	31:56	---	---	31:56	3.862	13.903	25.89	4:18.9
46.	Maurus	Isabel	91	LMU	Da	32:11	31:50	---	32:00	3.854	13.875	25.94	4:19.4
47.	Waldin	Patrick	86	UniBw	a	32:06	---	---	32:06	3.842	13.831	26.02	4:20.2
48.	Scheunemann	Carol	58	Gast	D3	---	32:14	---	32:14	3.826	13.774	26.13	4:21.3
49.	Furtmayr	Florian	78	TUM	1	33:10	32:11	---	32:40	3.775	13.591	26.48	4:24.8
50.	Pischel	Margarethe	85	ZHS	Da	---	32:49	---	32:49	3.758	13.529	26.60	4:26.0
51.	Bayer	Simone	73	MRRC	D1	33:20	32:44	---	33:02	3.733	13.440	26.78	4:27.8

52.	Hecker	Heimo	70	MRRC	2	---	33:26	---	33:26	3.688	13.280	27.10	4:31.0
53.	Garhammer	Max	75	FV	1	---	33:37	---	33:37	3.668	13.207	27.25	4:32.5
54.	Schwarz	Marianne	88	LMU	Da	34:22	33:14	---	33:48	3.648	13.136	27.40	4:34.0
55.	Aderneuer	Tamara	90	TUM	Da	34:04	---	33:42	33:53	3.639	13.103	27.47	4:34.7
56.	Keul	Silke	85	MRRC	Da	---	34:06	---	34:06	3.616	13.020	27.64	4:36.4
57.	Steinbauer	Stefan	73	Gast	1	---	34:29	---	34:29	3.576	12.875	27.95	4:39.5
58.	Reuss	Matthias	62	ZHS	2	34:48	35:05	---	34:56	3.530	12.709	28.32	4:43.2
59.	Schreiber	Sandra	88	FHM	Da	---	35:05	---	35:05	3.515	12.655	28.44	4:44.4
60.	Thamm	Christian	76	Gast	1	---	---	35:50	35:50	3.441	12.390	29.05	4:50.5
61.	Ambros	Daniel	86	Gast	a	---	36:05	35:50	35:57	3.430	12.350	29.14	4:51.4
62.	Strecker	Sandra	84	MRRC	Da	---	36:10	36:04	36:07	3.414	12.293	29.28	4:52.8
63.	Lange	Mike	68	Gast	2	37:58	36:07	---	37:02	3.330	11.989	30.02	5:00.2
64.	Pilarski	Maria	92	LMU	Da	38:36	35:30	---	37:03	3.328	11.983	30.04	5:00.4
65.	Gerster	Daniel	81	TUM	1	38:48	---	---	38:48	3.178	11.443	31.45	5:14.5
66.	Wentz	Anna	90	LMU	Da	39:00	---	---	39:00	3.162	11.384	31.62	5:16.2
67.	Walter	Jochen	51	USC	3	---	39:44	39:01	39:22	3.132	11.278	31.91	5:19.1
68.	Herbst	Jochen	75	Gast	1	---	42:49	40:46	41:47	2.951	10.626	33.87	5:38.7
69.	Strasshofer	Gregor	40	USC	3	---	45:35	---	45:35	2.705	9.7404	36.95	6:09.5
70.	Bauer	Resina	90	Gast	Da	---	---	---	60:00	2.055	7.4000	48.64	8:06.4

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Teilnehmeranzahl: 83 (12 Damen, 71 Herren)

Streckenverhältnisse:

Datum	Nieders.	Boden	Wind	Luftdruck	Luftfeucht.	Temperat.
09.11.	Nebel	trocken	ruhig	1000mbar	100 %	6øC
23.11.	keiner	trocken	ruhig	1000mbar	100 %	0øC
07.12.	keiner	nass	windig	1000mbar	100 %	5øC